



Guru Nanak Multi Academy Trust Ltd

Incorporating:
Nanaksar Primary School &
Guru Nanak Sikh Academy
Founder – Sant Baba Amar Singh Ji

9th February 2021

Dear Parent

RE: Girl's Wellbeing Club - Women and Girls Network

Women and Girls Network (WGN) was established in 1987 and has spent over 30 years supporting women and girls across London. We have worked closely with the Women and Girls Network in the last year to facilitate workshops for a number of female students. These workshops have included focus self-confidence and forming healthy relationships.

Zoe Gray (GVB Prevention worker) has highlighted a fortnightly wellbeing club for young women that will be running every two weeks. The next session is Wednesday 10th February at 5:00pm.

If your daughter is interested in joining the online wellbeing sessions they would need to complete the survey below. This link has also been shared on Google Classroom for students. The flyer for the club is also attached.

(<https://www.surveymonkey.co.uk/r/wellbeingclub>)

Yours faithfully

Mr T Perryman
Assistant Principal