

Week 1

15th April
29th April
13th May
3rd June
17th June
1st July
15th July

Monday

Pasta Bake

Sweetcorn
Seasonal Salad
Contains: Wheat & Milk

Tuesday

Soya, Peas & Potato Curry

Steamed Rice / Naan Bread
Yogurt & Cucumber
Seasonal Salad
Contains: Soya, Gluten & Milk

Wednesday

Veggie Sausage

Mashed Potatoes / Baked Beans
Seasonal Salad
Contains: Soya & Wheat

Thursday

Samosa Pie

Yogurt / Broccoli
Seasonal Salad
Contains: Wheat & Milk

Friday

Chow Mein Noodles

Roasted Cabbage
Seasonal Salad
Contains: Wheat

Dessert

Monday, Wednesday, Friday - Fresh Fruit & Greek Yogurt Contains: Milk
Tuesday = Chocolate Cake Contains: Wheat & Gluten
Thursday = Faluda Contains: Milk

Week 2

22nd April
6th May
20th May
10th June
24th June
8th July

Monday

Vegetable White Sauce Pasta

Petits Pois
Seasonal Salad
Contains: Wheat & Milk

Tuesday

Daal

Steamed Rice / Naan Bread
Yogurt & Cucumber
Seasonal Salad
Contains: Gluten

Wednesday

Veggie Meat-Free Balls

Mashed Potatoes / Baked Beans
Seasonal Salad
Contains: Soya, Wheat, Gluten & Barley

Thursday

Vegetarian Taco

Steamed Rice, Warm Chickpea & Sweetcorn with Tomato Salsa
Seasonal Salad
Contains: Wheat

Friday

Meat-free Veggie Mince Lasagne

Broccoli
Seasonal Salad
Contains: Soya & Wheat

Dessert

Monday, Wednesday, Friday - Fresh Fruit & Greek Yogurt Contains: Milk
Tuesday = Rice Crispy Cake
Thursday = Carrot Cake Contains: Wheat & Gluten

