



# Guru Nanak Multi Academy Trust Ltd

Incorporating:  
Nanaksar Primary School &  
Guru Nanak Sikh Academy  
Founder – Sant Baba Amar Singh Ji

22<sup>nd</sup> November 2021

Dear Parent

## RE: Year 8 History Trip to Bethlem Museum of the Mind

As part of the Year 8 curriculum, students learn about psychiatry during the Victorian period and how attitudes towards mental illness have changed through time. To help further enrich their learning, the history department is arranging the chance to visit Bethlem Museum of the Mind which is built at the site where Bedlam Asylum used to stand.

The trip will take place on **Wednesday 1st December 2021**. Students should attend school at 8:00am as normal and will leave school at 9:00am, via school minibus, to arrive promptly at the museum for 11:00am start. We will spend three hours at the museum and students will be required to **wear a face mask** for the duration of the visit as it is on the active working site of Bethlem Royal Hospital. We aim to leave at 2:00pm for an arrival back to school for 3:30pm. If there are any delays, the school will send out a message via School Gateway.

The trip is free and includes a visit to the museum as well as a session with the museum's archivist, where students will have the chance to learn about how archives work as well as examine Victorian medical documents. Students are required to wear **school uniform** and will need to bring a **packed lunch** which they will eat at the museum.

Students with allergies, asthma or medications must be clearly stated. If your child suffers from Asthma or requires an EpiPen, please ensure that the appropriate medication is provided otherwise they will not be allowed on the trip.

We are excited to offer this trip as a reward's trip and think it will be an excellent opportunity to bring history to life.

### Venue Details:

Bethlem Museum of the Mind  
Bethlem Royal Hospital  
Monks Orchard Rd  
Beckenham  
BR3 3BX

Please complete the attached parent consent form and return by Friday 26<sup>th</sup> November 2021.

Yours faithfully

Miss J Kaur  
Subject Leader -History