



Guru Nanak Sikh Academy

Aspire ~ Acquire ~ Achieve

Founder: Sant Baba Amar Singh Ji

Chief Executive Officer: Mr Jaskamal S. Sidhu

12th May 2023

Dear Parent

RE: Sports Day (Secondary School Years 7, 8 & 9 Only)

I am writing to inform you about this year's Sports Day arrangements which will be held at **Hillingdon Athletics Stadium, Gattings Way, Uxbridge UB8 1ES**. This provides a great opportunity for students to compete in both the track and field events using state of the art facilities.

The date for this year's Sports Day is **Thursday, 8th June 2023**. All students will need to meet at the stadium car park at 8:00am and we will finish at 2:30pm. We encourage all students to use public transport or car share to avoid traffic congestion in the stadium car park and surrounding areas.

Students will need to arrive in full PE kit (with their house colour t-shirt). Please ensure they bring a jumper to keep warm and a hat /sun cream & umbrella for shade, in case of hot weather.

Please provide a packed lunch for your child and plenty of water. For those that are on Free School Meals, a packed lunch will be provided but please feel free to bring in your own lunch and drink. There are no facilities at the stadium to buy any food or drink.

Students with allergies, asthma or medications must be clearly stated. If your child suffers from Asthma or requires an EpiPen (x2), please ensure that the appropriate medication is provided otherwise they will not be allowed to attend. If your child no longer requires their inhaler/epipen, but still appears on our medical records, please contact the Welfare Office to amend your child's records (medical evidence must be provided prior to the event).

A separate form must be completed for EACH child. Please complete the parent consent form below and return no later than Tuesday 23rd May.

Yours faithfully

Mrs D Khilnani - Acting Head of PE

Secondary Phase Sports Day (Years 7, 8 & 9) – Parent Consent Form

Student Name: Form:

I give consent for my child to participate in the Sports Day event at Hillingdon Stadium on 8th June.

- My child will make their own way home at 2:30pm.
- My child will be collected from Hillingdon Stadium at 2:30pm.

Photographic Consent: Yes / No

Medical Issues:

Parent Signature: Date:

Print Name: Contact Number:

